



# FINLAND

Raakel, Sylvia and Hanna

## Basic information

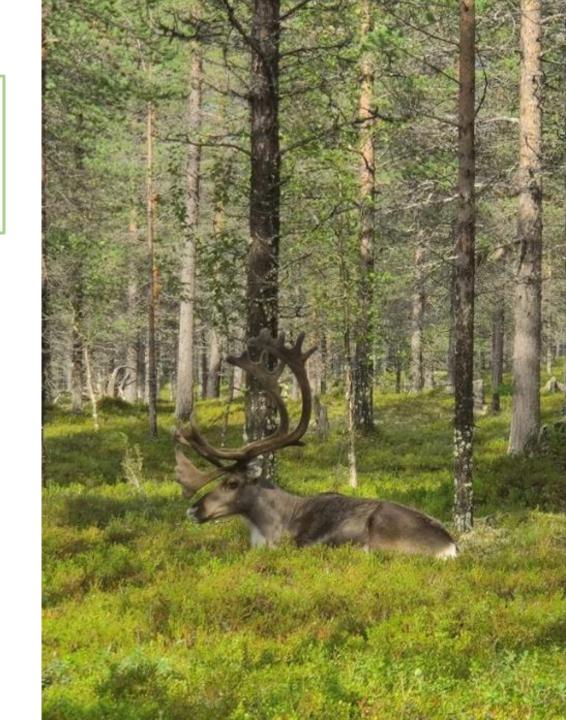
- Capital: Helsinki
- Population: 5,5 million
- Area: 338 440km², about 10% of it is water
- Currency: euro
- President: Sauli Niinistö





### Animals

- Finland has 80 different mammal species and 450 bird species most of which are migratory birds.
- National animal is a bear
- National bird is a whooper swan
- There are reindeer in Lapland.
- Most common animal species in Finland: bears, reindeer, wolves, moose















#### Traditional food

- Finland is known for it's weird looking but suprisingly good food.
- Rye pudding
- Karelian rice pasty
- Cabbage casserole
- Squeaky cheese

### Sauna

- Finnish invention
- Over 3 million saunas in Finland
- Many traditions related to sauna
  - Drinking in sauna
  - Vihta / vasta = a bunch of birch twigs
  - Swimming in a lake or a river



